Famous Artists Course for Talented Young People

Famous Artists Schools, Inc., Westport, Connecticut

Section The expressive figure

Guiding Faculty

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Creation of Man, Michelangelo Sistine Chapel, Rome

The human form

"The highest object for art is man." Michelangelo made this comment over four hundred years ago. The human figure is still the most expressive of all subjects. Any emotion, any idea, can be conveyed through the human form. Look at the heroic figures in the painting above — the beauty, balance and simplicity of the majestic forms tells us that the Renaissance period, when this was painted, was a magic moment in history. Man was confident, the center of the universe. Now look at the withdrawn, gaunt figure across the page. Giacometti, a contemporary artist, put all his creative power here into depicting a human being as he saw him in our complex century — a skeletal stranger, alone. An interplanetary visitor would find it difficult to believe that Michelangelo and Giacometti were portraying the same creature — man!

The human figure, we know, has changed little in tens of thousands of years, but the artist conveying his own point of view and reflecting his times has seen man in a wide, sometimes wild range! Greek and Roman artists ennobled the human form, making it almost godlike, whereas in the Far East the human figure was mainly used as a decorative element. Some artists have worked to portray man as exactly as possible, catching every detail in his outward appearance; others have sought to emphasize man's inner being — often distorting the realistic form. The artist draws not only what he sees, but what he feels — and you will, too.

Keen observation is the first step. Watch people more carefully than ever. Take special note of their actions and attitudes; look for emotional gestures and expressions. You'll learn that people can and do communicate without saying a word. You'll notice characteristics and qualities in people that you've overlooked before.

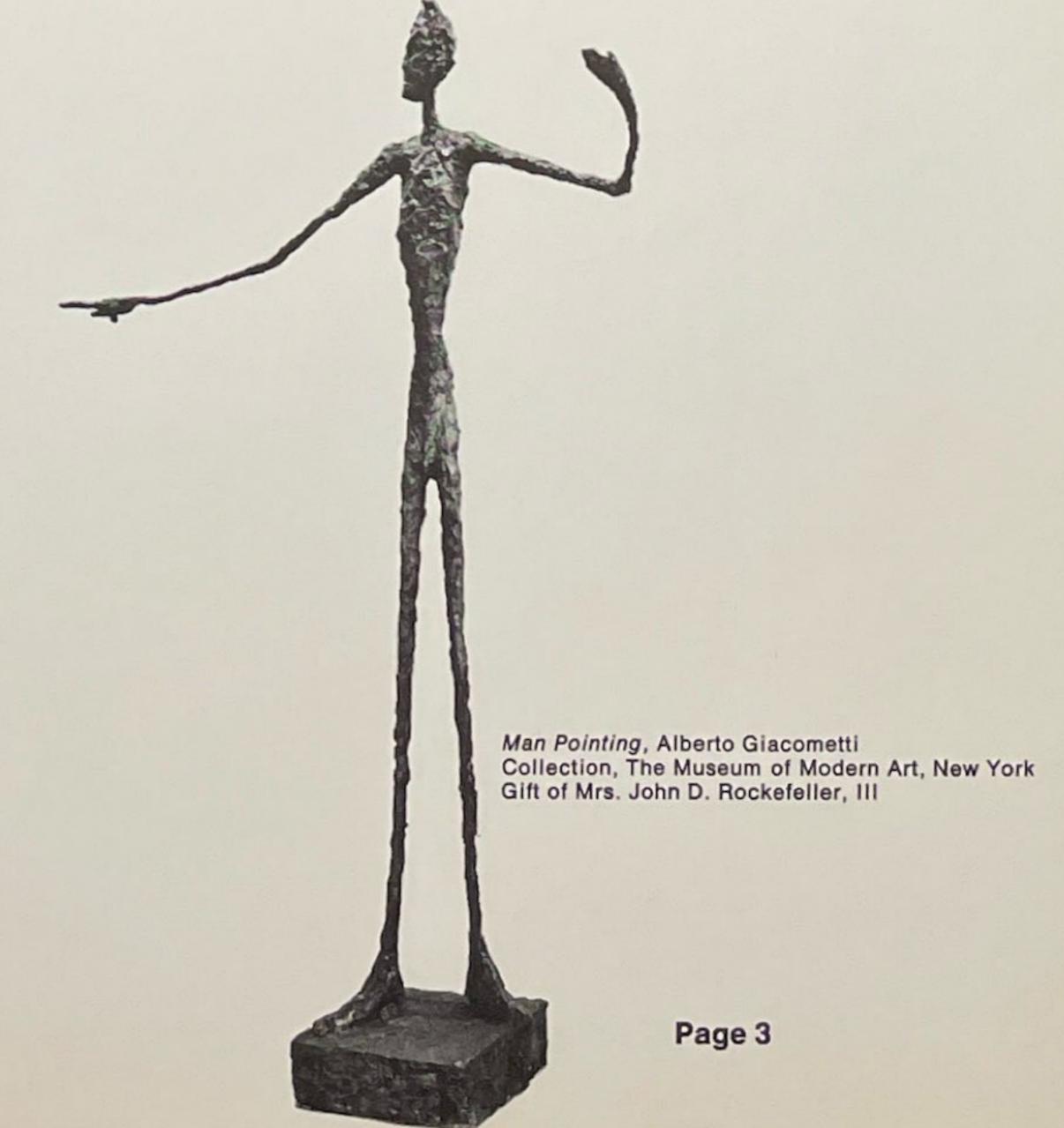
Did you realize that to catch what you see on paper—even before your hand guides your pencil—your own emotions and intellect are called into play? This is why drawing well sometimes seems so difficult. You see what you want to draw, you think you have your subject clearly in mind, but it



seems impossible to transmit to paper. We're going to help you coordinate this special combination of eye-mind-and-hand so you can draw the human figure in your own way, so it will look "right" to you — that is, the way you want it to be.

Artists have often concentrated on anatomy — on muscles and on bone structure — but much more important to you now is a fresh understanding of the human figure. In learning to draw the human figure well it's imperative, of course, to draw — and draw again — until your pen or pencil can more closely put on paper what you see and feel. You'll find the gesture drawings you're going to do stimulating and of immeasurable help in drawing the figure in an incisive, vital way. As you learn to see your friends, family and even strangers as unique individuals, and your drawings begin to reflect their uniqueness, life will have another new dimension for you. People are the most interesting of subjects!

Now, with plenty of paper at hand, let's see how you can make your figure drawings come alive.





A Clown, Honoré Daumier The Metropolitan Museum of Art, New York

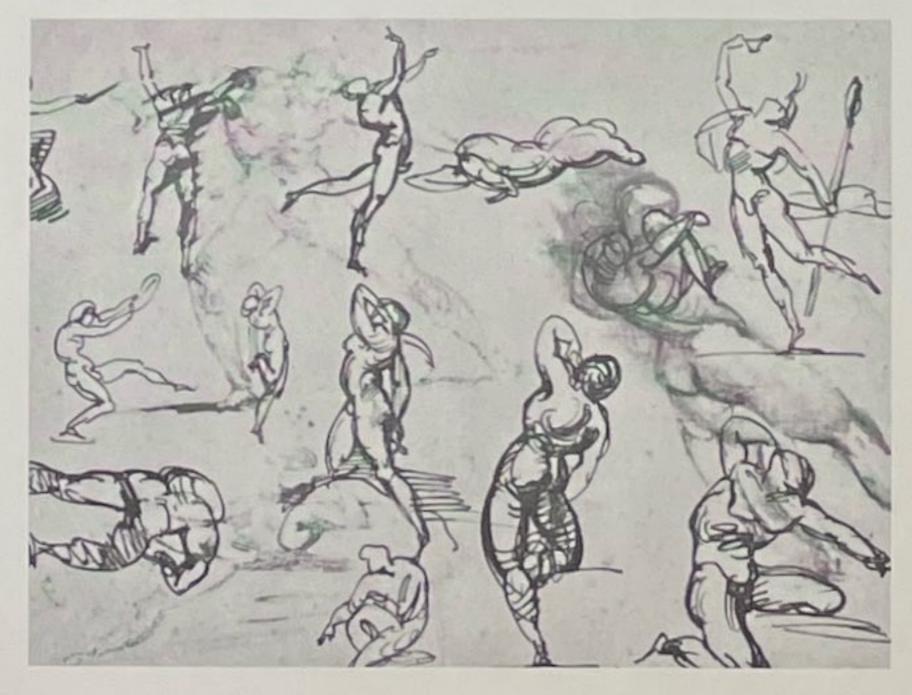
turing the spirit of his subject.

The gesture—

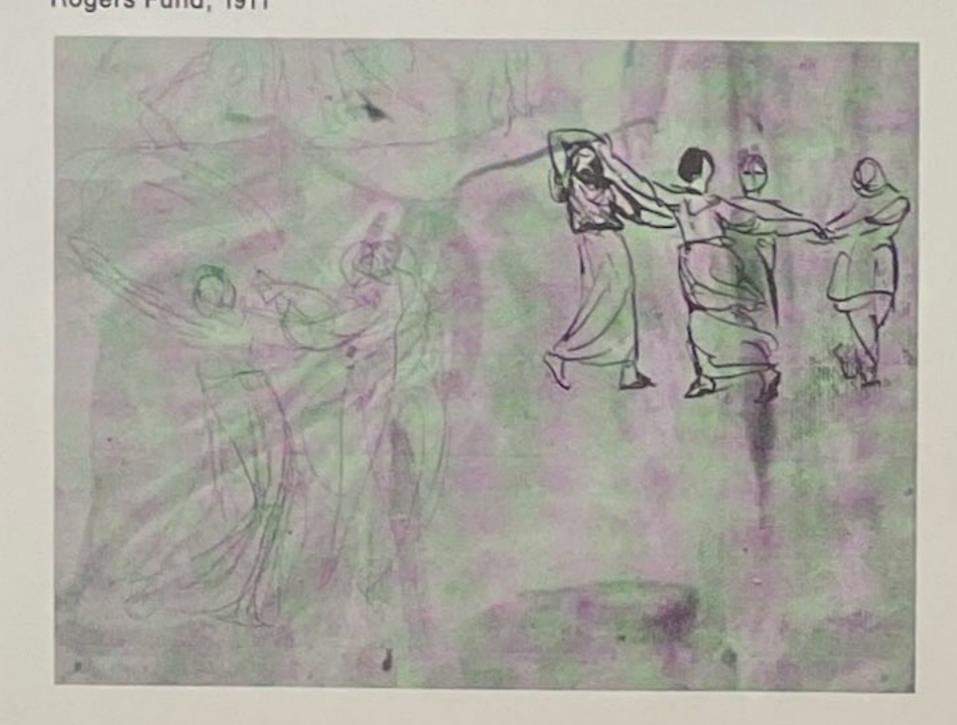
a natural way to draw



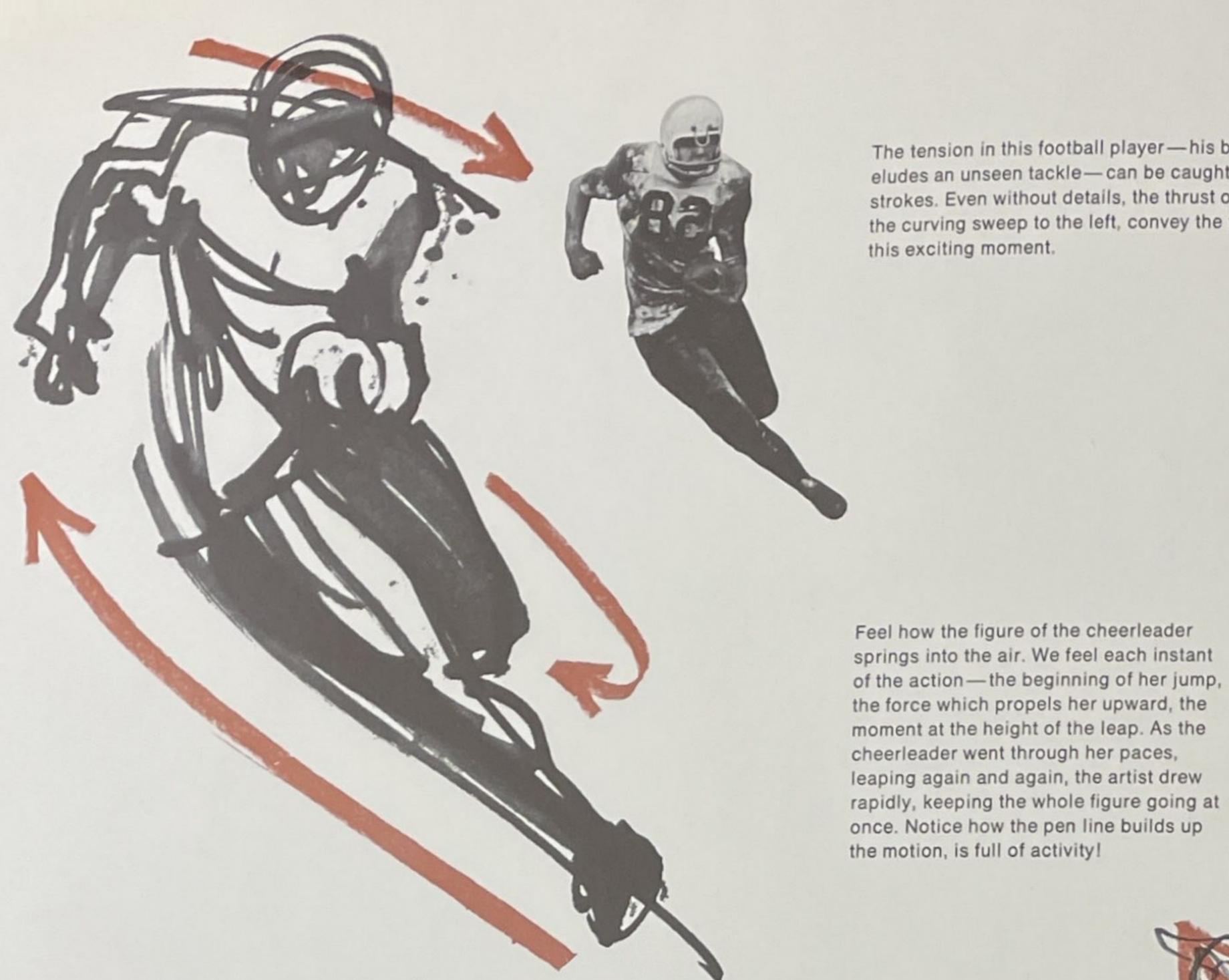
Sheet of Sketches, Théodore Géricault The Cleveland Museum of Art Dudley P. Allen Fund



Dancing Figures, George Romney The Metropolitan Museum of Art, New York Rogers Fund, 1911

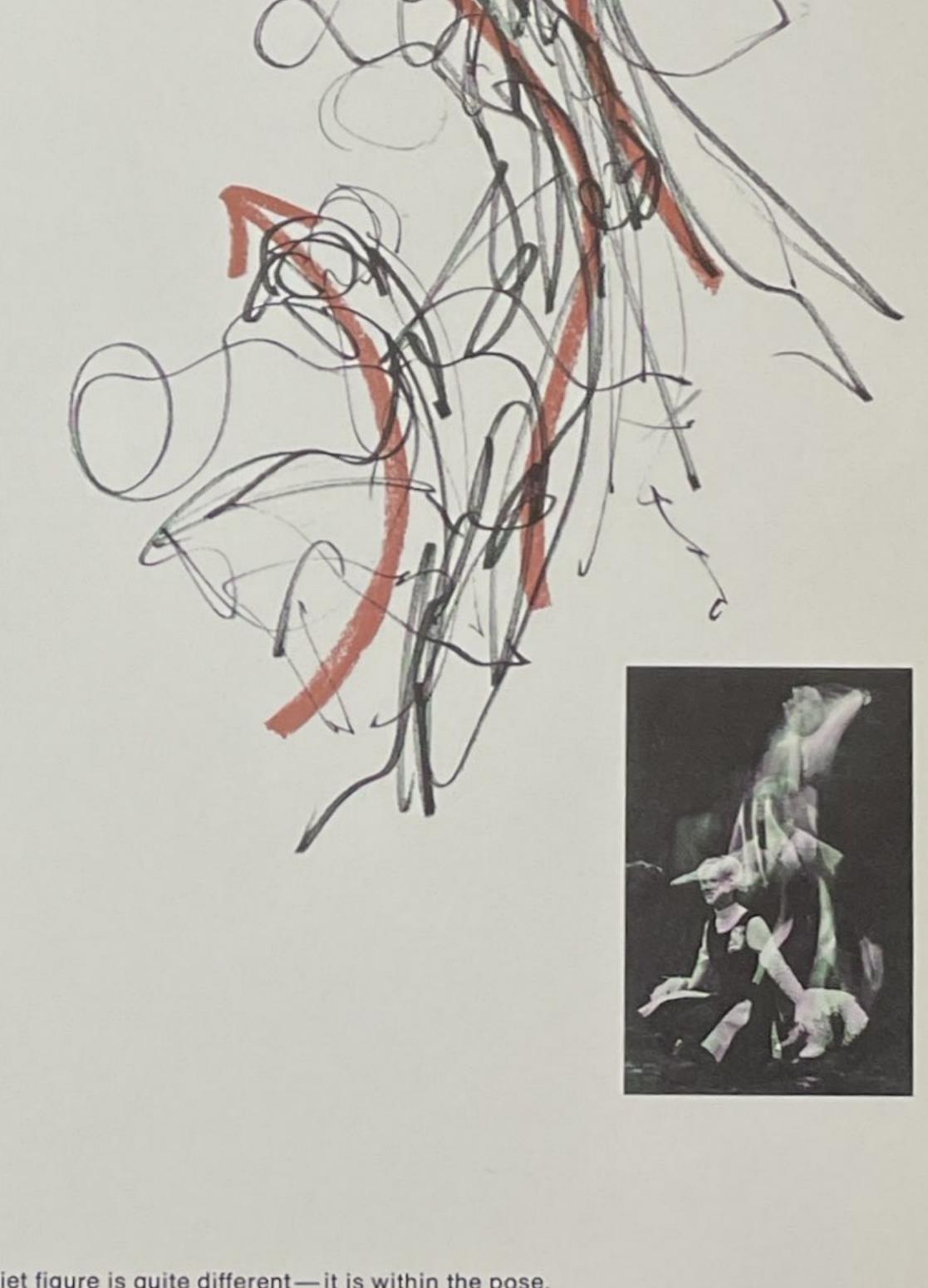


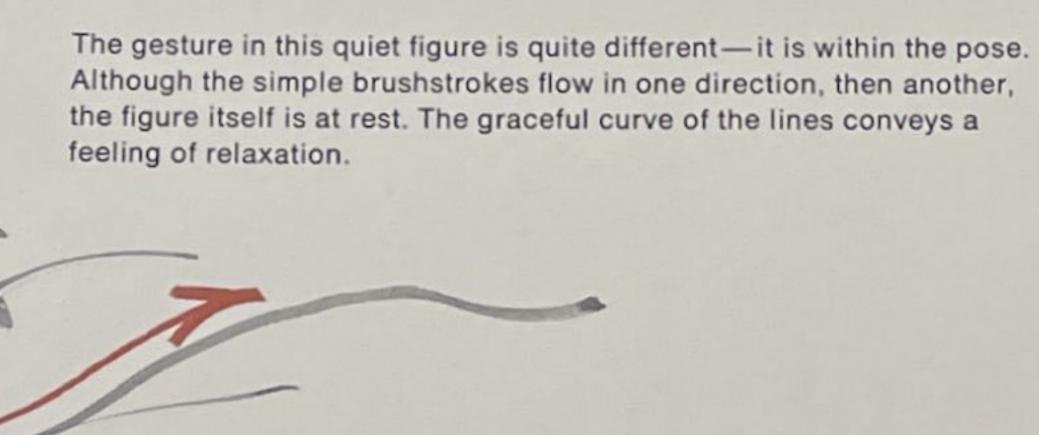
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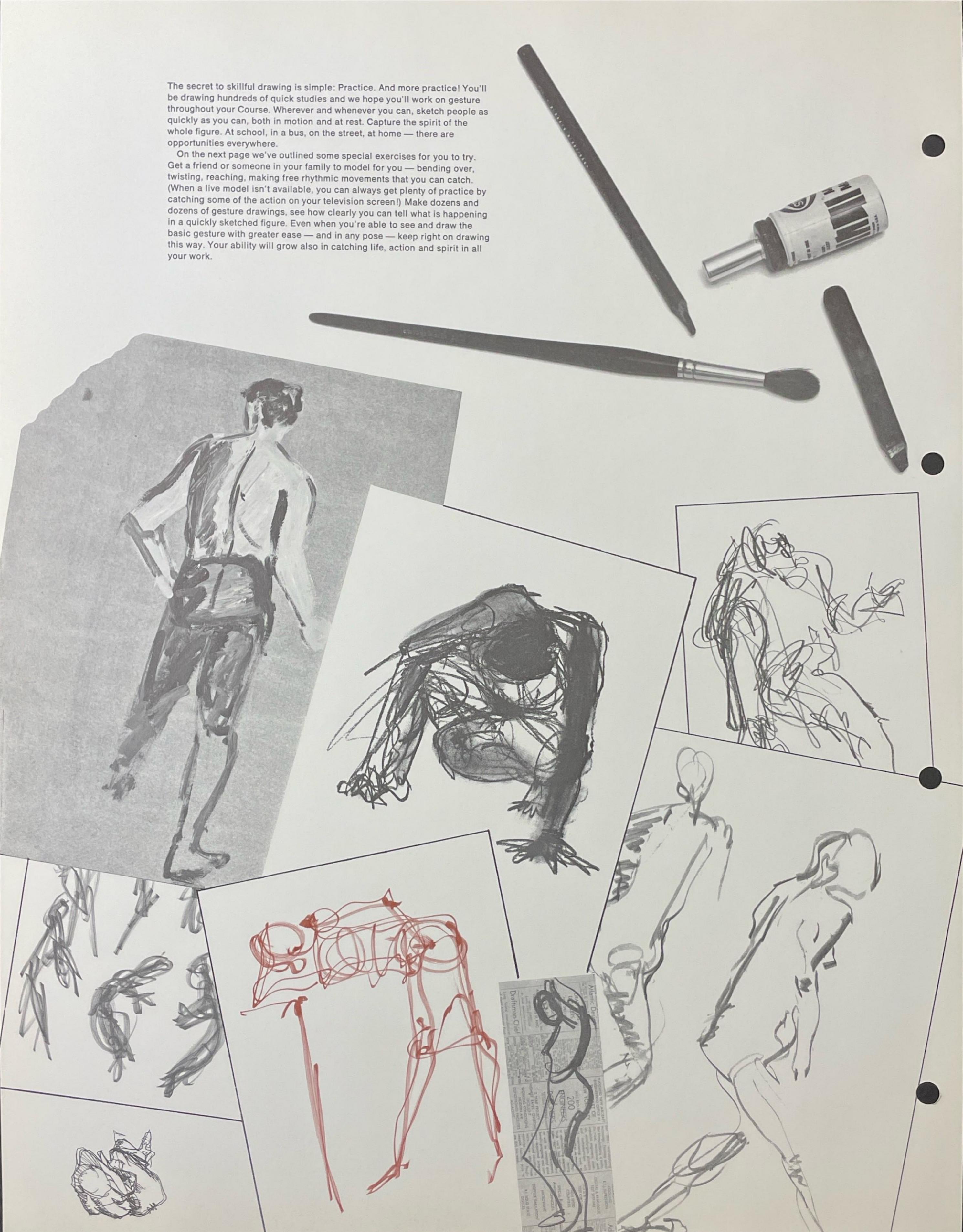
The tension in this football player - his body tilted as he eludes an unseen tackle-can be caught with just a few strokes. Even without details, the thrust of the essential lines, the curving sweep to the left, convey the tautness, the drive of this exciting moment.

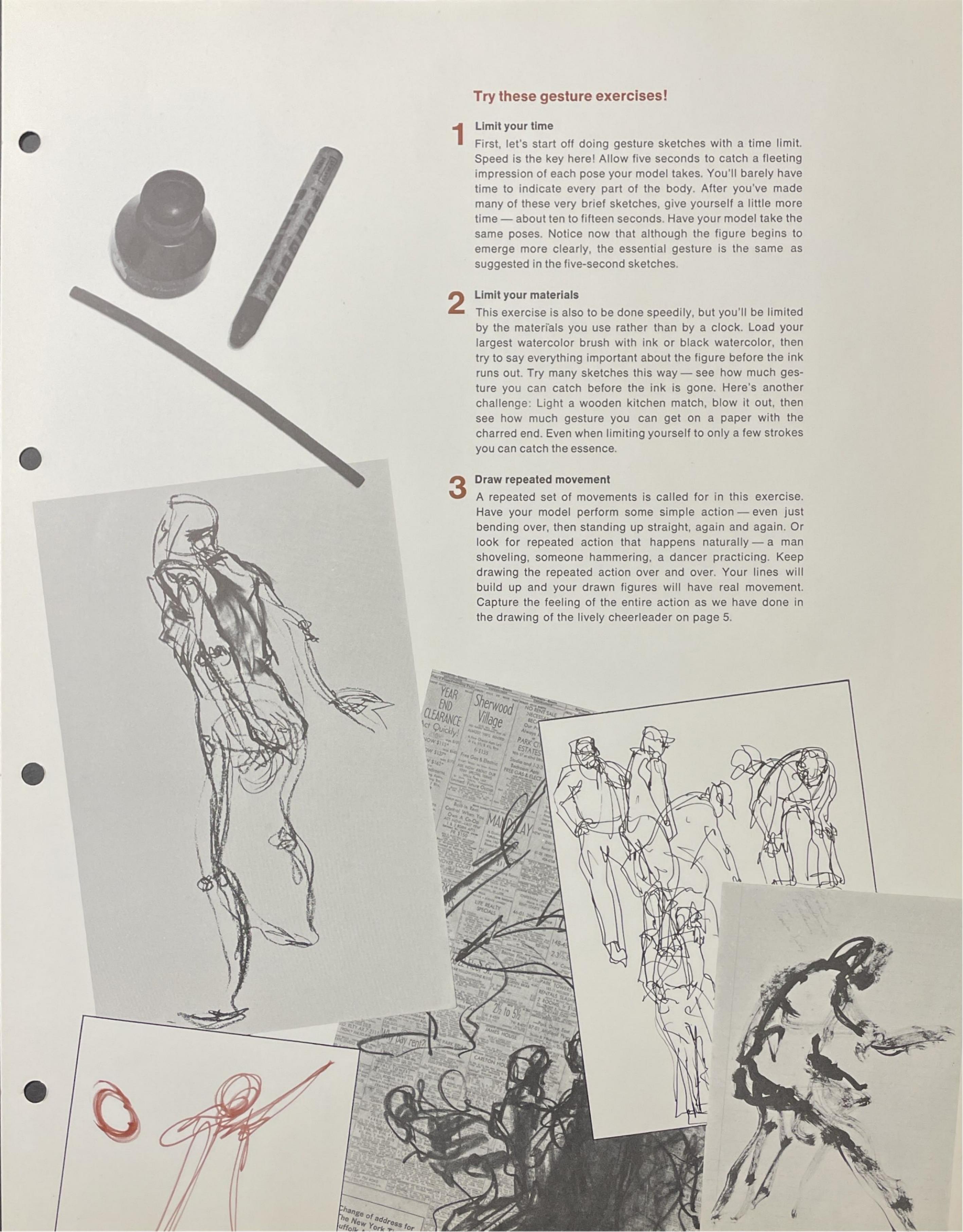
Learning to draw the figure begins with letting yourself go by seeing with all your senses, by feeling the action, the gesture, yourself! This is not only the most natural way to begin to draw but is the most stimulating. Look at your subject what is it you see first? Feel what he is doing, get involved in the action. What are the most important lines of direction? When you draw, don't use just your fingers and wrist, but let your arm swing and guide your hand as you freely move through the whole figure. Go from one end of the body to the other, constantly letting your lines cross and cover each other, almost without taking your pencil or pen from the paper. You'll find that even a scribbled beginning sketch will have a certain aliveness and can show the energy and "feeling" in the person you're drawing - a spirit which will be retained in your finished work.

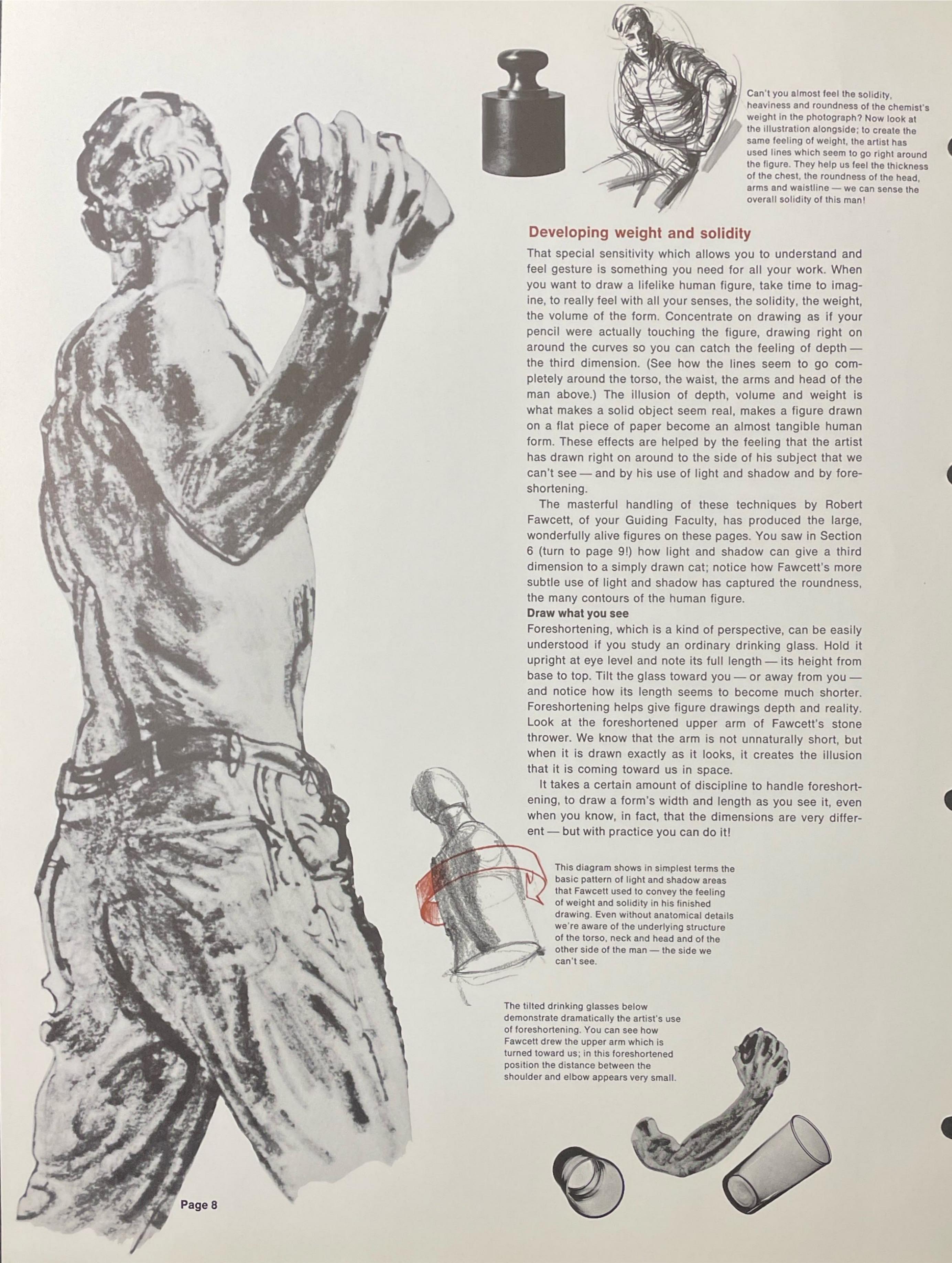


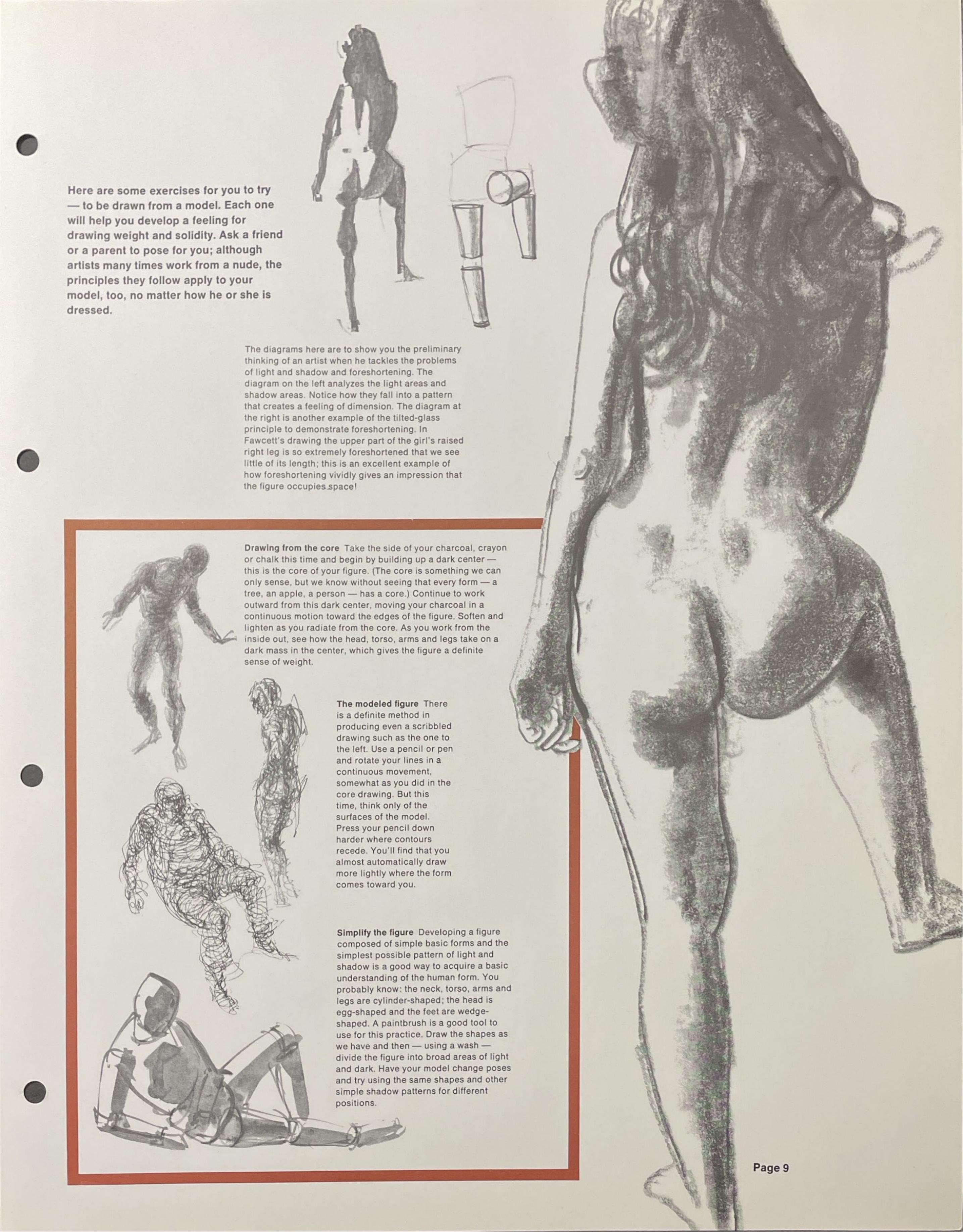


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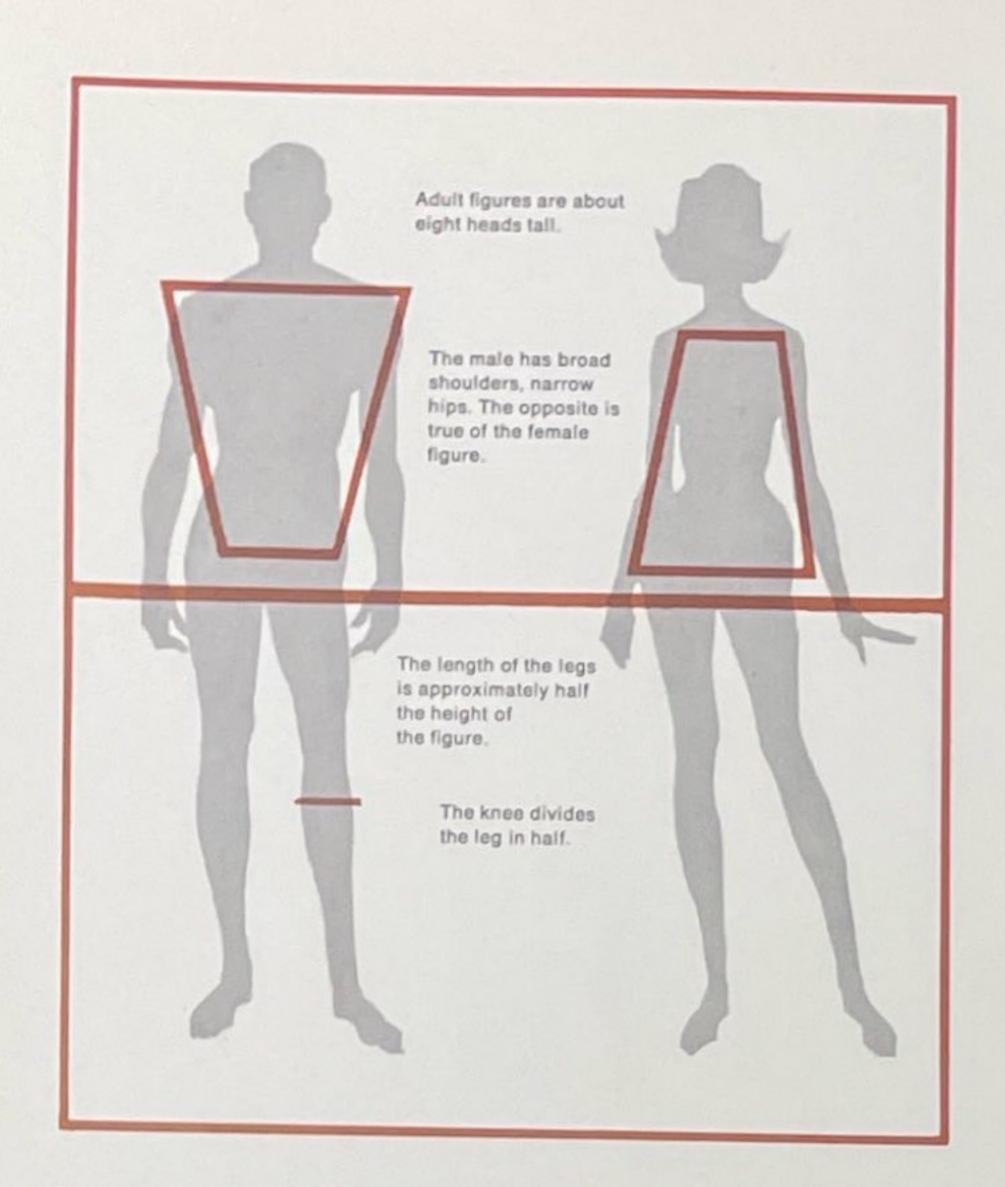


Proportions

Nature has passed out sizes and shapes at random, so that a perfectly proportioned figure is hard to find — in fact one wonders if there is such a thing! Look at your classmates, at your parents and their friends — not critically, just carefully. Study how people are proportioned, how their parts are "assembled" into a whole person. No matter how regular physical characteristics may seem at first, as you study them (planning to later draw what you've seen) you'll discover certain irregularities — differences which make each one of us unique. Comparing people reveals the unexpected in proportion.

Glance at the next person you see — what is your overall impression? What adjective would generally describe him — angular, short, round, thin? Now look closely. Are his arms longer than they "should be"? Do his legs seem right for the rest of his body — or are they short in proportion to his overall height? Or exceedingly long? Really watch people, try to catch their differences on paper in sketches like those on this page. You may at times want to exaggerate an irregular feature — not to the point of caricature, but enough to show clearly your subject's individuality.





Ideal proportions — to use as a yardstick

Because of the many variations in the human shape, artists frequently refer to an "ideal" figure as a general guideline for proportions which are pleasing to the eye. This imaginary perfect figure has a direct relation, of course, to man's true anatomy and so it is a handy yardstick for you to use in checking proportions when you're drawing any human form. The standard for measuring the ideal figure is the human head. In the diagram at the left you can see that the adult measures about eight heads high. Notice, too, that the length of the legs divides the figure approximately in half. The male figure characteristically has broad shoulders and narrow hips, the female is slightly smaller, narrow shouldered and broader hipped.

The figure of the eight- or nine-year-old child at the right gives you a clue that these average adult proportions do not hold true when you draw children, for their heads are quite large when compared with the rest of them! A year-old baby measured by his own head size is but four heads high; a child of eight is a little over six heads high. A twelve-year-old is about seven heads high — from this age on all body parts develop at the same rate, so in drawing figures of your own age group you can use the ideal adult proportions as your take-off point.



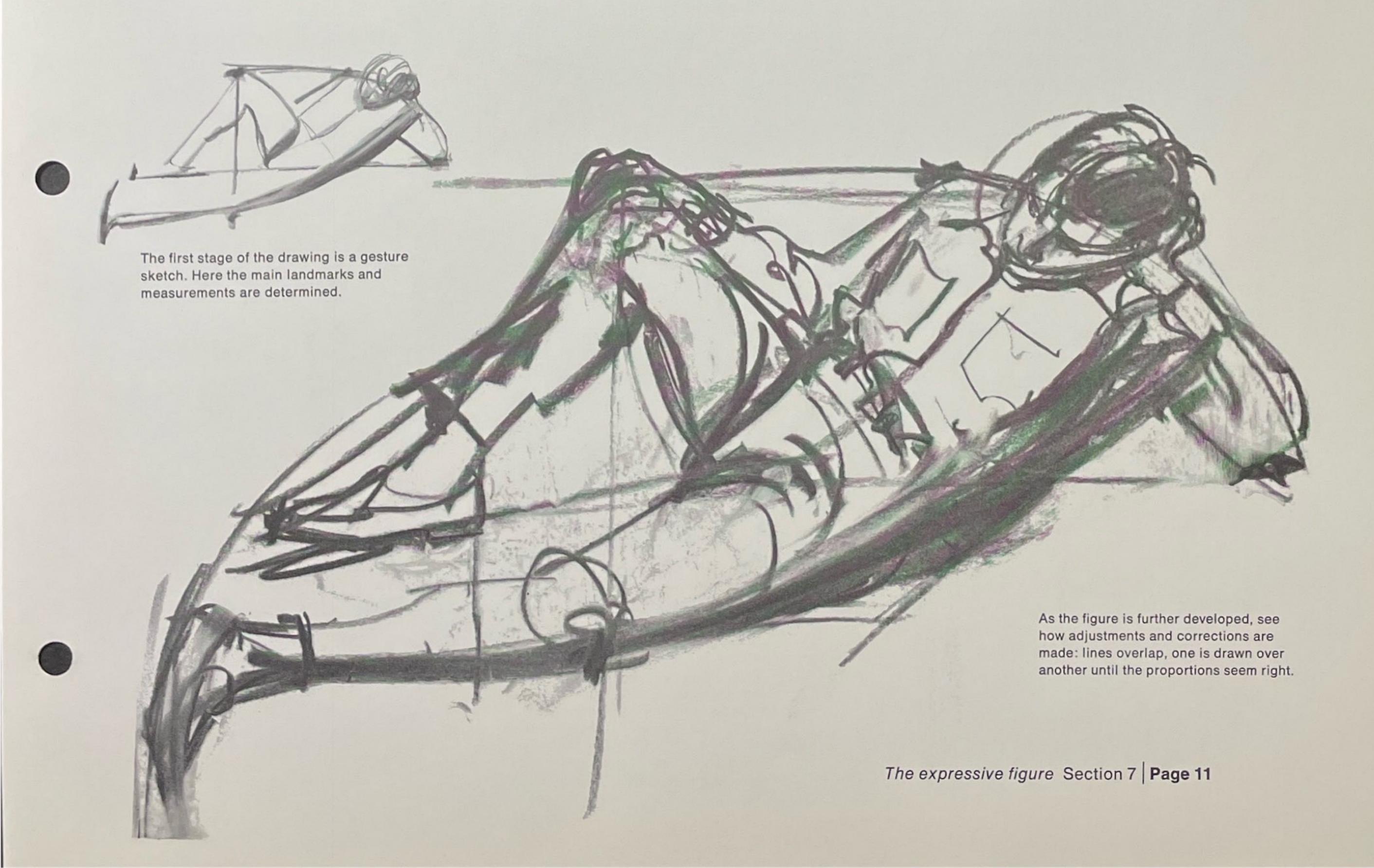
The younger the child, the larger is the head in relation to his body. This boy is eight to nine years old and measures about six heads tall.

Actual proportions — draw what you see

The key to understanding proportions is observation — really seeing the relation between the parts of the human figure. And the best way to draw a properly proportioned figure is to practice. Ask a friend to pose and, using a soft pencil or charcoal, try drawing him. He need not take the leaning position shown here — any pose will do that he can hold comfortably for fifteen or twenty minutes. Before you start to draw, though, take a few minutes to study your subject carefully. Visually locate three or four important landmarks; for instance, the line of the shoulders, the stretch of the leg, the bend of the knee are important points of the figure we've drawn here. Find similar landmarks in your subject, then make a quick gesture sketch,

establishing these points on paper.

Before you begin to develop your figure, lightly sketch in horizontal and vertical lines connecting the landmark points. These will be a great help in measuring lengths and getting angles in the right places. (Note, for example, how the boy's shoulder lines up with his knee.) Draw freely now, developing the whole figure. Don't work in detail on any specific areas and don't erase. Draw right over your errors, making continual corrections and adjustments. By relying on your eye you'll find that you can record quite accurately, catching the size and shape of your subject so your drawing will convey the uniqueness of a particular human being.



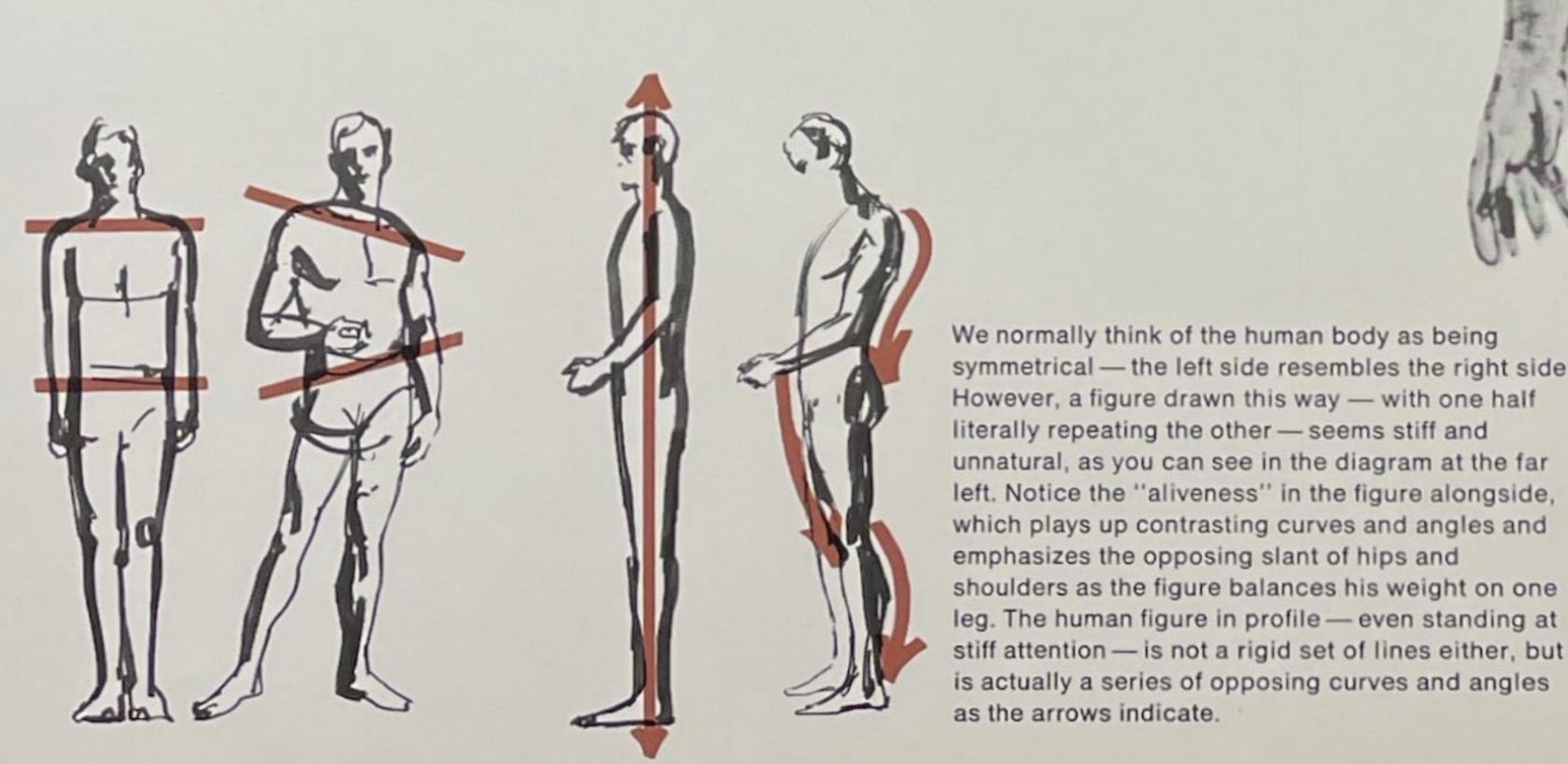


Rhythm, balance and movement

"Why are we not always pleased with the most absolute possible resemblance of an imitation to its original object?" asked Sir Joshua Reynolds back in 1782. This question is even more valid today when the artist's purpose more than ever is to interpret the world rather than merely copy what he sees.

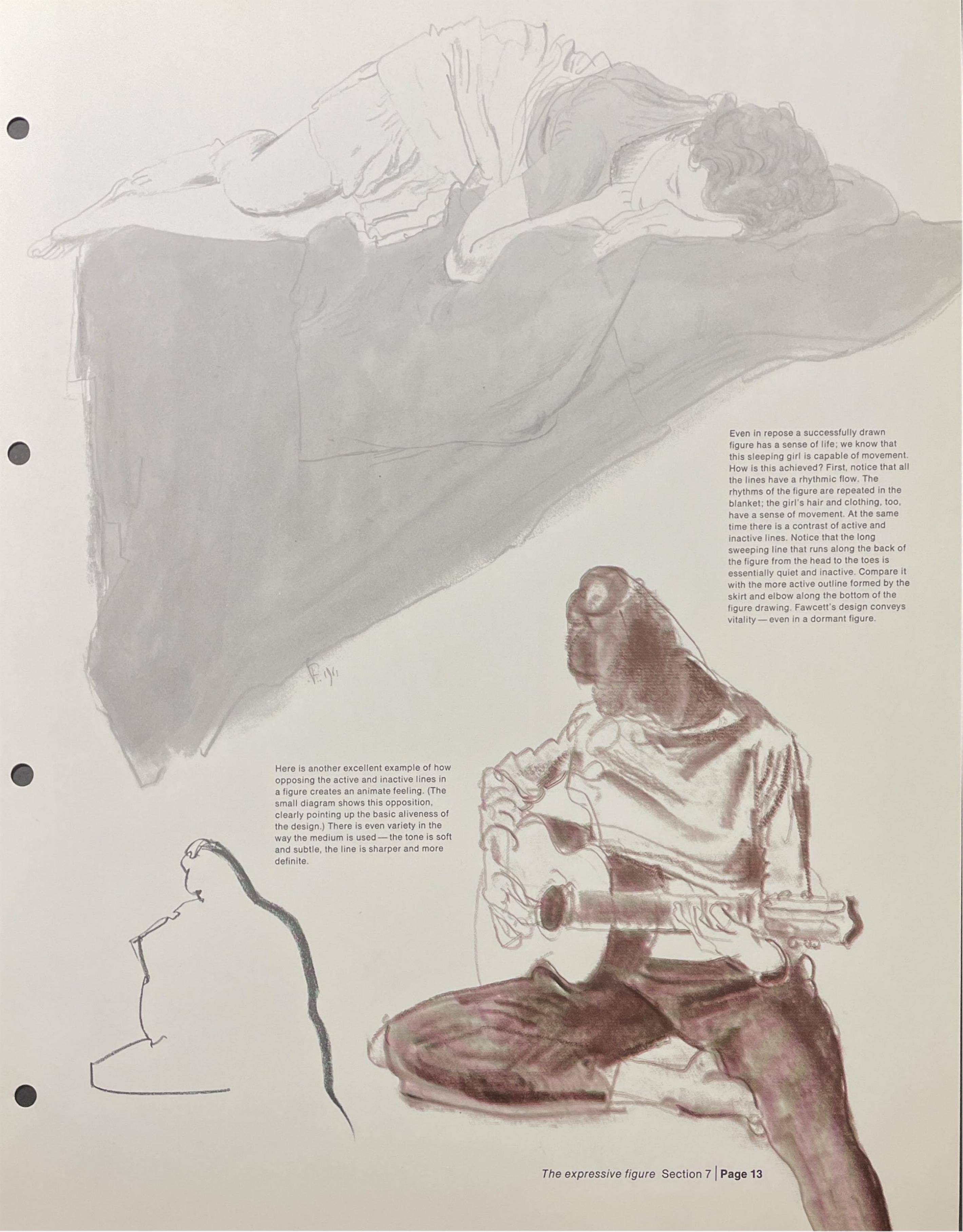
Slavish copying of the figure is not really drawing; "absolute resemblance" can be uncreative and static. As a creator, as the being responsible for bringing life to a canvas, the artist must seek out and emphasize those qualities which best spark aliveness: rhythm, balance and movement. He has license to strengthen the rhythm, the flow of lines, to change curves and angles to make a design of his own. He can control balance and inject movement until he feels confident that his figures do have that magic that makes them live. In fact he must take liberties — must oppose active and inactive shapes, must contrast curves and angles, and play line against tone in order to create a feeling of variety that will give his drawings vital visual impact.

Look at Robert Fawcett's drawings here and see how he has made use of these contrasts to bring life to each figure — and as you approach your work remember that you have the freedom, too, to emphasize or modify these elements which make good design, which make your figures seem alive.



We all have instinctive feelings that tell us when a drawing of a figure is out of balance. Try imagining a vertical center line running through your figure as you draw — this will help you to make sure that it is properly balanced.





Monument to Balzac, Auguste Rodin Collection, The Museum of Modern Art, New York Presented in memory of Curt Valentin by his friends Photograph by Edward Steichen

The expressiveness of drapery

"Drapery — an artistic arrangement of loose folds" is a compact, accurate, dictionary description but one that gives no hint of the value of drapery to the artist. Drapery, the loose folds found in all clothing on a human figure, reveals the underlying form, helps an artist create character, and can give a sense of movement as well as convey mood. Drapery plays an important role, too, in composition and design, and in enhancing the decorative quality of a drawing or painting.

The statue of Balzac at the right shows that the sculptor has seen the form and action of drapery as something to be used dramatically. The soaring lines of the folds in the cloak turned the portly man into a heroic figure; without the strong rhythmic lines of these folds this would seem but a short, sturdy shape. Now study the Japanese print, where the folds and pattern of the kimonos have been used to create a rhythmic design that unifies the three figures. Artists often use drapery to help create a feeling of movement — or leave out folds to suggest tranquility. Look at Modigliani's seated woman. Here the artist intentionally omitted even a suggestion of drapery. The flat surfaces of her dress are in keeping with the blandness of her smooth face, conveying a sense of serenity.

Anna Zborowska
The Museum of Modern Art, New York
Lillie B. Bliss Collection



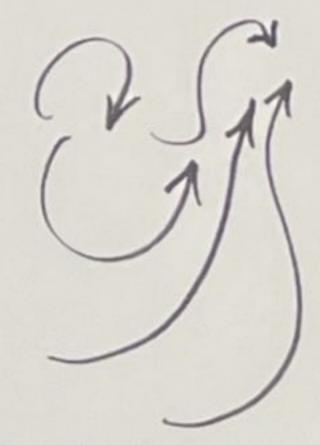


Lovers with Maidservant, Sugimura Jihei Masataka The Metropolitan Museum of Art, New York Harris Brisbane Dick Fund, 1949



Drapery contributes to the theme

When you draw, don't consider drapery as a kind of after-thought, as something that's merely stuck on — for it is an essential part of your whole picture. The combination of figure and drapery work together to express your theme! Here are some excellent examples in which the action of the drapery is almost at the heart of the artist's idea.



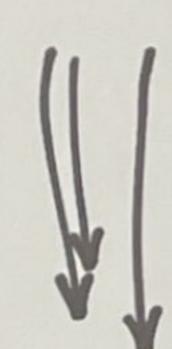
Spirit and action

The abandon of the cancan and the lively sense of movement could not be conveyed without the sweeping lines of the dancer's costume.

Toulouse-Lautrec clearly used these linear rhythms as part of his theme.



Musée d'Albi

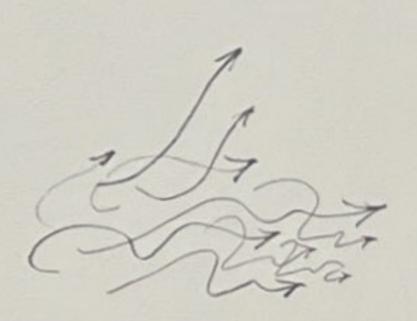


Dignity and stability

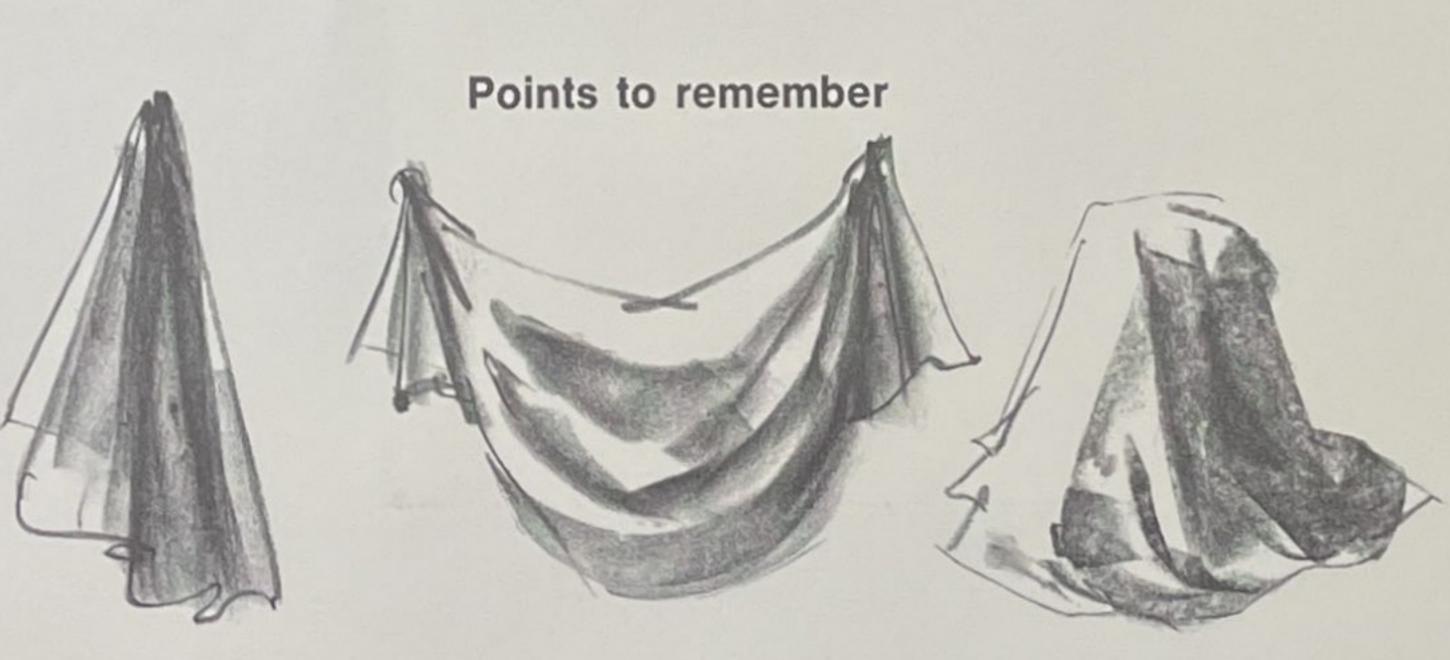
Degas must have viewed his friend and fellow artist, Edouard Manet, as a quiet, dignified and very masculine person.
This is certainly conveyed by the drapery.
The folds here have been simplified to express stability and solidity — they show well the firm underlying figure.

Light and ethereal

The many folds of the thin, almost transparent gown not only reveal the underlying form of this female but give her grace, delicacy and a floating quality. (You won't be surprised to learn that Botticelli had the goddess Venus in mind when he drew this picture!)



Study for a Portrait of Edouard Manet, Edgar Degas The Metropolitan Museum of Art, New York Rogers Fund, 1918



Feel the effect of gravity

Folds, like everything else, are affected by gravity — they tend to hang downward, to lie against the figure. Notice the gravity folds in your own clothes and be aware of this effect in all the drapery you draw.

Look for tension points

Folds radiate from certain points of tension — from where the figure bends (such as inside the elbow, behind the knee and under the arm) and from those points from which drapery hangs, like shoulders and hips.

Keep it simple!

Look for the essential lines of action, the main flow and direction of drapery, but don't copy every fold or crease you see — be selective. If you get carried away, the result will look like a mass of wrinkles.

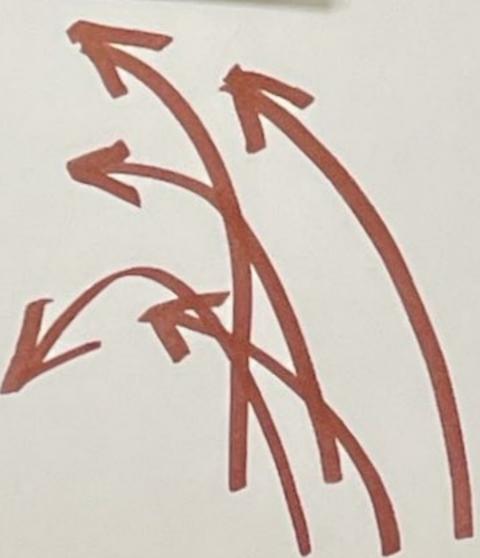


Abundance, or Autumn
Trustees of the British Museum, London



This detail of El Greco's famous painting shows variations of one emotion: fear.

These money changers shrink back, cowering, recoiling — their sense of fear has been effectively recorded in their figure attitudes, though their individual actions are quite different. (We've simplified the action of the recoiling figures in the diagram at the right.)





A reclining figure in a

feeling of relaxation.

gentle flowing line here;

hammock is suggested by the

absence of angles conveys a

From now on, look at every person you meet - try to imagine what emotion you could convey if you drew or painted him just as he stands.

istic mood or attitude you want your drawing to describe.

attitudes, but these will serve as a guide. Moods and atti-

tudes shift quickly, so you'll have to be alert and determine

which emotion is predominant in any situation. For example,

don't think that a sitting man can only convey a dejected at-

titude such as the one shown above. A seated figure may

also appear attentive, bored, or relaxed. You should look for

and emphasize the major lines which convey the character-

Renoir's painting is filled with a pervading feeling of pleasantness; we know this gathering is a light-hearted social situation, not an earnest or agitated meeting. The grouping of heads makes for a feeling of intimacy, the relaxed figure attitudes help convey this, too, and we can almost hear the congenial conversation. The overall composition leads our eye from one group to another so we ourselves become involved in the whole scene.

Luncheon of the Boating Party, Auguste Renoir The Phillips Collection Washington, D.C.

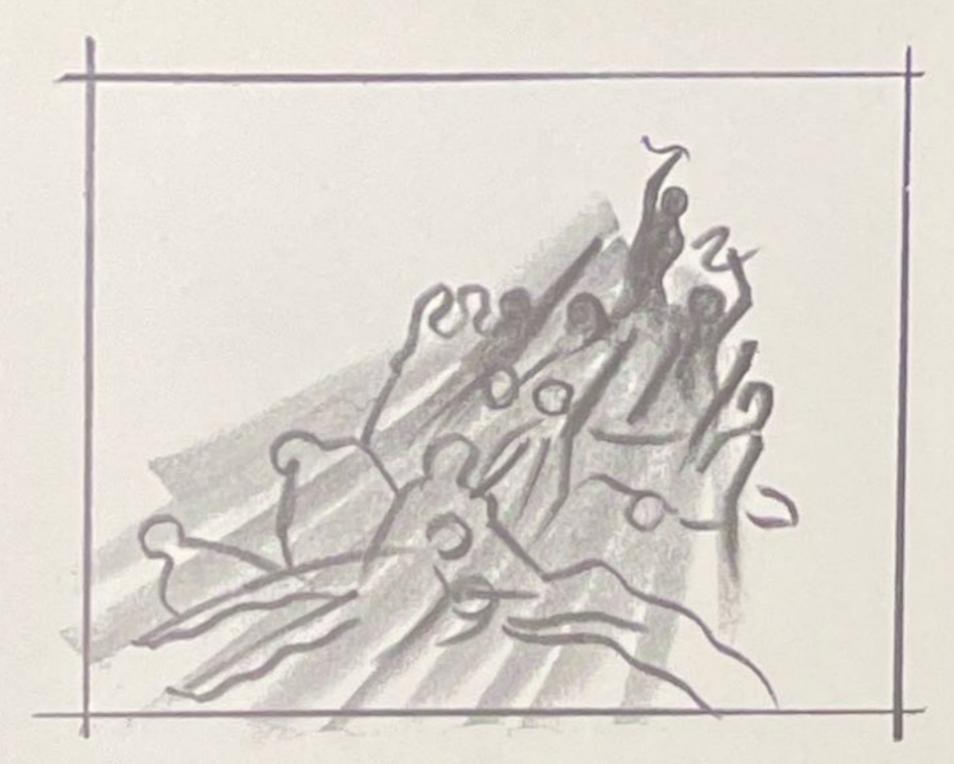


Figures in composition

When you look at a painting and the artist's message goes straight to your heart and mind — really hitting home — you know that his composition has been successful, that he has said what he wanted to. How figures relate to the spaces around them, the relationship of shapes and colors — that is, the composition of the picture — contributes greatly to the emotional impact on a person looking at a painting. The subject matter may attract our attention, but it's the composition that really draws us into a scene and involves us in what the artist has painted, makes us understand what he is saying. The way he relates one person to another, the way he sets a figure in relation to the picture area or to the background can have a powerful total effect.

Look long at the pictures on these pages and you'll feel how each one calls forth the responses the artist sought for . . . mingled, of course, with your own very personal reactions. The same subjects set into place differently would arouse an entirely different set of feelings. The small diagrams prove that without really knowing what the subject matter is, the relationship of the figures to the rest of the picture — the composition — holds the essence, the joy, the hope, the despair, the humor of the artist's story.





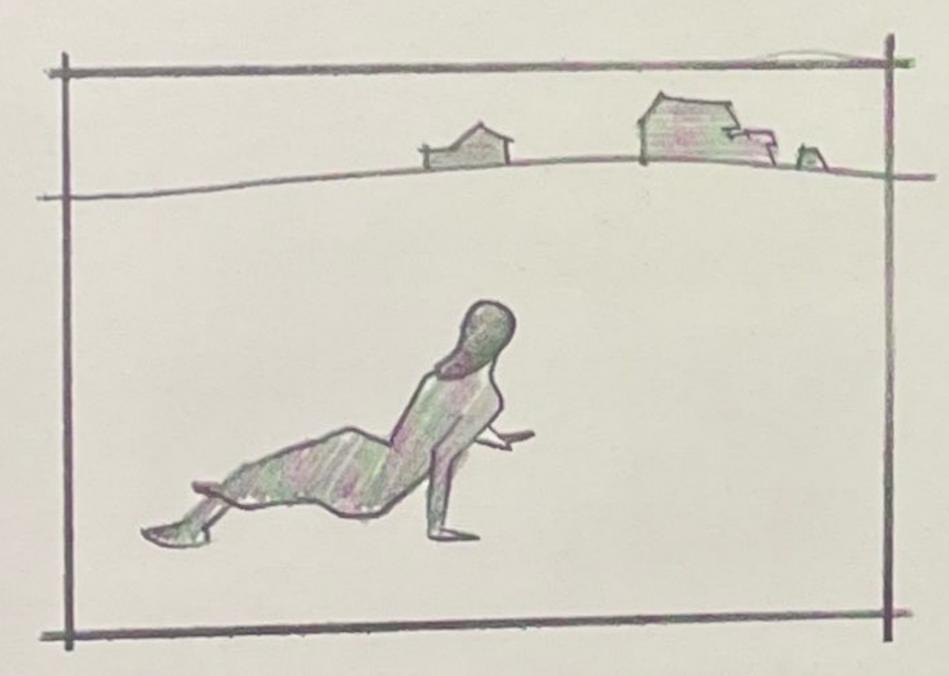
The pathos of the tortured castaways in this composition, sprawled out and huddled in defeat, would fill us with despair, but Géricault's upward sweep to the heroic men, still standing, still hopeful, leads us to believe that rescue will arrive. A different composition might carry quite a different story!



The Raft of the Medusa, Théodore Géricault Cliché des Musées Nationaux Louvre, Paris

Christina's World, Andrew Wyeth Collection, The Museum of Modern Art, New York, Purchase





How Christina, a crippled girl who lived near artist Wyeth, was placed in this picture dramatizes her loneliness and the tremendous distance she must struggle to reach home. Even in the diagram the relationship of the girl to the picture borders and to the background buildings emphasizes her isolation, but note that the figure attitude does carry a note of hope and suggests strength of the spirit.

How do you react to this woman? Abstract paintings demand a little extra effort on the viewer's part to respond to what the artist is really saying. Even though the subject matter seems less real than we have been used to, the composition is still important. In the painting below DeKooning has handled his composition rather harshly; there is a determined lack of finish. The background shapes are not clear; in fact, the figure at times seems to become part of the background and vice versa. Feel the activity over the entire picture surface!



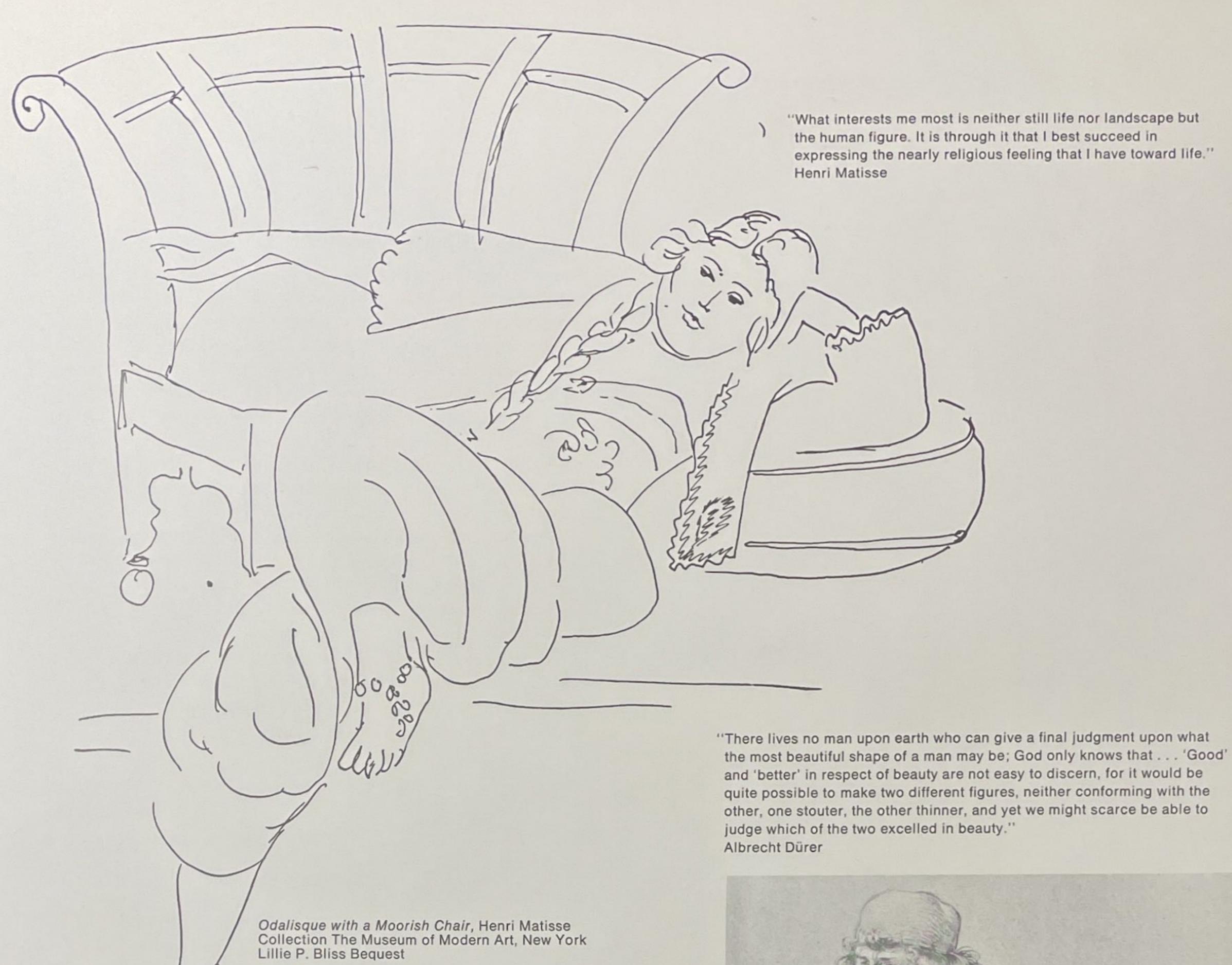
Woman I, Willem de Kooning Collection, The Museum of Modern Art, New York, Purch

Gallery

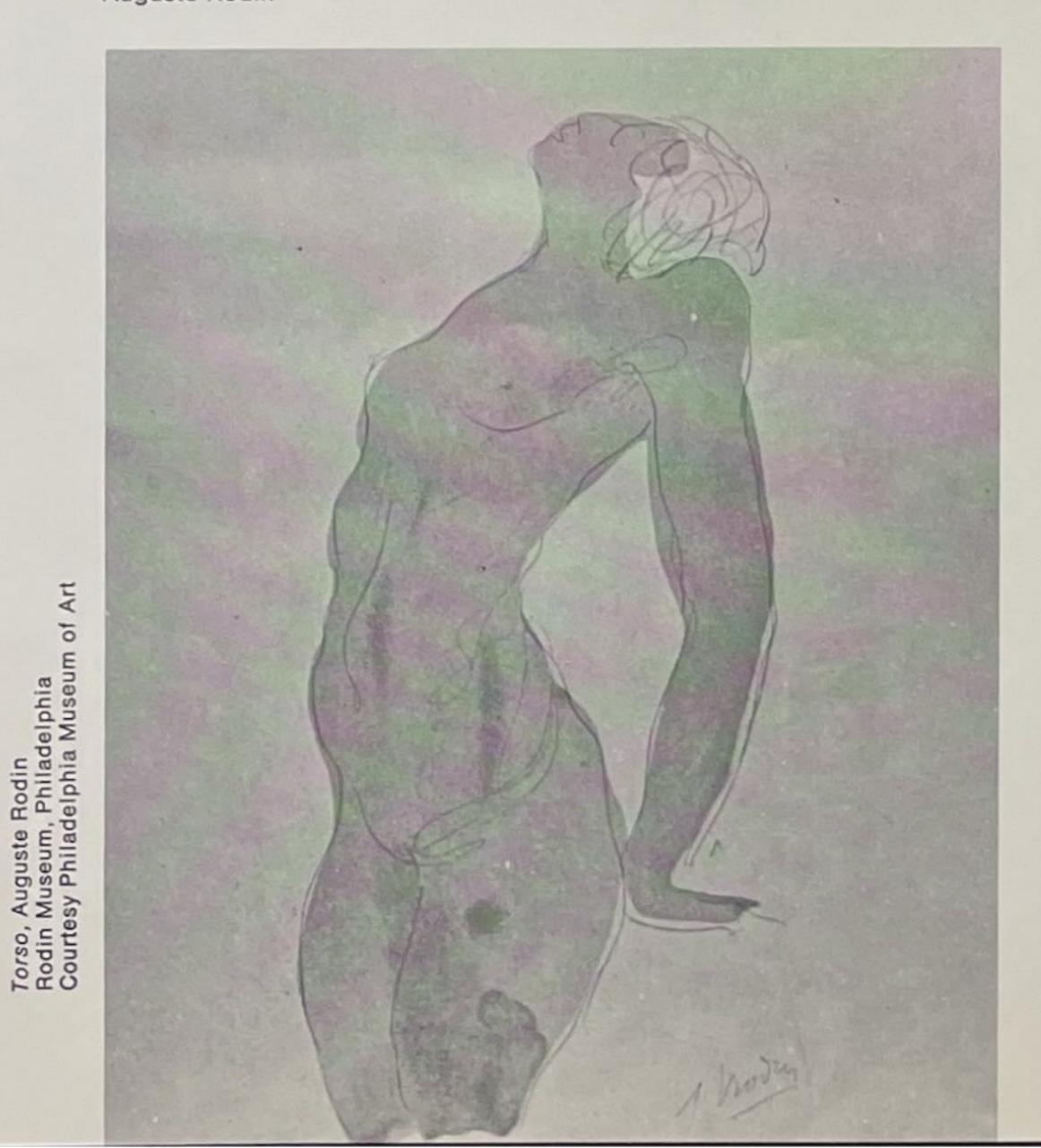
Cartoon for a Saint Anne, Virgin and Child, Leonardo da Vinci Reproduced by courtesy of the Trustees The National Gallery, London "A good painter has two chief objects to paint, namely, man, and the intention of his soul. The first is easy, the second difficult, because he has to represent it through the attitude and movements of the limbs."

Leonardo da Vinci





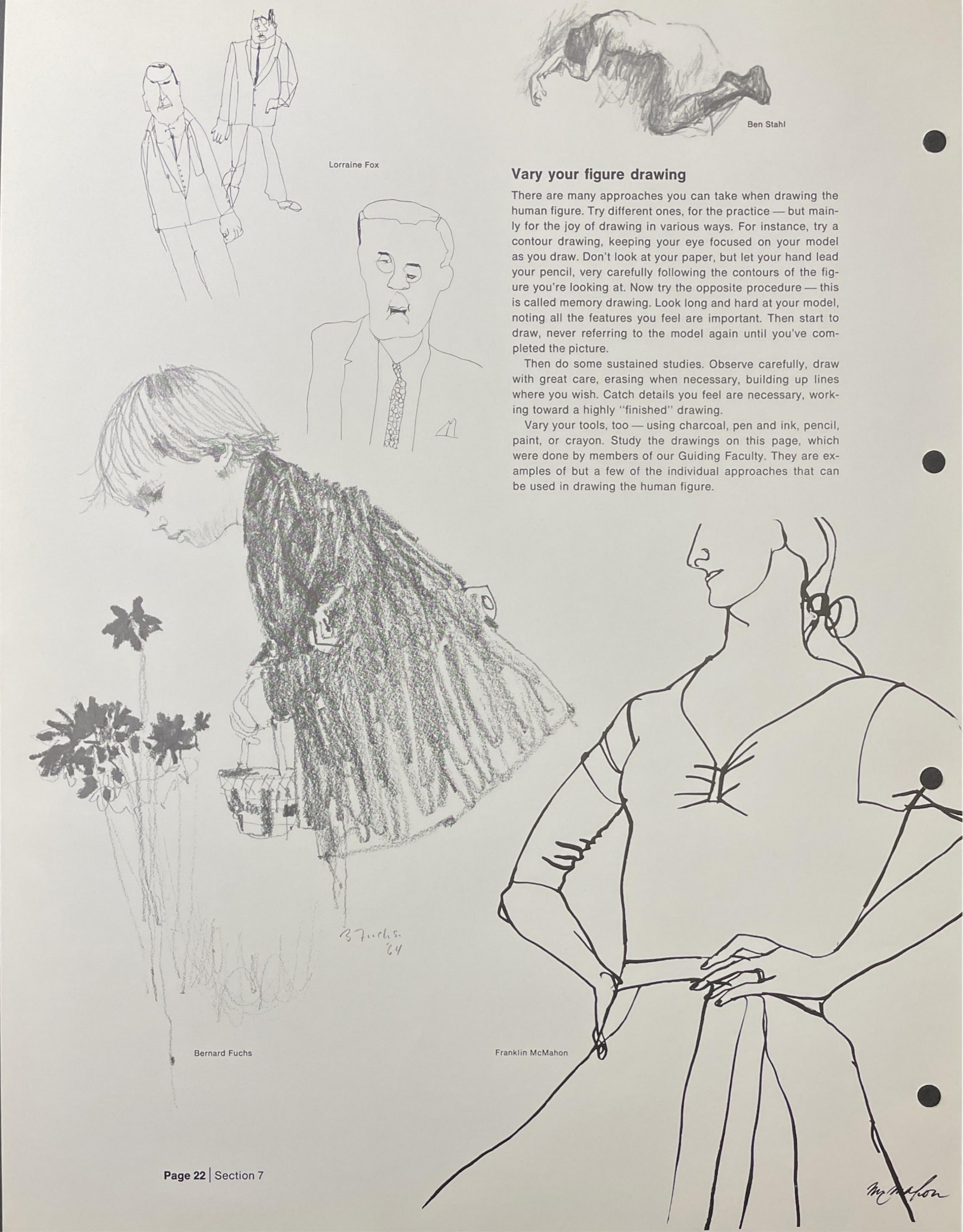
"The human body is, above all, the mirror of the soul, and from the soul comes its greatest beauty." Auguste Rodin



Donor with Rosary Kneeling in Prayer, Albrecht Dürer The Pierpont Morgan Library, New York



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Important

These instructions are extremely important to you. Read them through carefully from start to finish. Do your assignment work only after you have done the practice exercises in Section 7. Pay particular attention to the projects on pages 7, 9, and 11. Do not send these exercises to the School unless directed to do so in your assignment instructions below.

"We must show by the action of the body the attitude of the mind." Leonardo da Vinci

To send to the School

Practice project

While you were studying this section, and as part of your

Relating your figures to each other and to the overall practice work for it, you should have made many gesture drawings. Select any three of these drawings that you feel are the most successful in expressing three different actions.

Under each drawing describe the action you wanted to express.

You may fold your drawings if they are too large for your mailing carton. Mail these three drawings to the School along with your assignment work.

Section 7 assignment work

We don't expect you to be an "Old Master" at drawing the figure. Keep this in mind as you do this assignment. What we are after is to find out how well you understand the idea of using figures to create an attitude or a mood in pictures.

For this assignment, make one picture with THREE figures. Work in any medium you wish on an 11 x 14-inch sheet of paper or Canvaskin. Leave at least a one-inch border all around your picture.

In doing this assignment you should be concerned with:

1 Expressing definite attitudes with your figures.

picture space.

In a figure composition, remember that you should include any background or additional objects that are necessary to express your idea.

Here are some words to help stimulate your thinking about your picture:

Impatient Peaceful Eager Sports Angry Sprawling Dancing Music Conversation Despairing

In making your picture it would be a good idea to get your friends to pose for you or go through the action you have chosen. Direct observation is always a big help in drawing or painting figures.

Print on the back of your practice drawings and your assignment picture:

Your name Student number Address Assignment number

(over, please)

Cut along this line - and mail with your assignment

Section	The expressive	figure

Comment sheet	In the space below, write a brief description of your picture and describe the mood and attitude of your figures.

Name	Student number

Check before mailing

Your assignment carton should contain:

- 3 gesture drawings
- 1 picture with three figures on an 11 x 14-inch sheet of paper or Canvaskin
- 1 comment sheet (on other side of this page)
- 1 shipping label filled out completely with your name and address

Mail this carton to:
Famous Artists School
Westport, Connecticut 06880

Note: Be sure your art is thoroughly dry before mailing.